



Our Food Menu – Week 4

<u>Week 4</u>	Breakfast	Snack	Homemade Lunches All lunches include a minimum of 3 vegetables	Afternoon Snack	Tea Varies Daily
Monday	Cereal	Fruit	Chicken Korma served with Rice and Naan Bread Homemade Vegan Carrot Cake	Cheese, Crackers and Yoghurts	Variety of sandwiches and snacks
Tuesday	Toast	Fruit	Cheese & Tomato Pasta Bake served with Garlic & Parsley flat bread Homemade Pear Crumble	Sausage Rolls, Carrot and Cucumber Sticks	Variety of sandwiches and snacks
Wednesday	Cereal	Fruit	Roast chicken, Roast Potatoes & Vegetables Homemade Vegan Sponge Cake	Fruit Loaf and Banana	Variety of sandwiches and snacks
Thursday	Toast	Fruit	Vegetarian Chilli and Rice Banana and Custard	Cheese Triangles, Rice Cakes and Cherry Tomatoes	Variety of sandwiches and snacks
Friday	Cereal	Fruit	Fish fingers, Pasta & Mixed Vegetables Ice Cream	Milk and Biscuits	Variety of sandwiches and snacks