



Our Food Menu – Week 3

<u>Week 3</u>	Breakfast	Snack	Homemade Lunches All lunches include a minimum of 3 vegetables	Afternoon Snack	Tea Varies Daily
Monday	Toast	Fruit	Spanish Vegetable rice Homemade Vegan Carrot Cake	Cheese, Rice cakes, Carrot and Cucumber Sticks	Variety of sandwiches and snacks
Tuesday	Cereal	Fruit	Green Macaroni Cheese with Tomato Flatbread Homemade Pear Crumble	Fruit Loaf and Banana	Variety of sandwiches and snacks
Wednesday	Toast	Fruit	Roast Chicken, Roast Potatoes & Vegetables Homemade Vegan Sponge Cake	Cheese, Crackers and Yoghurts	Variety of sandwiches and snacks
Thursday	Cereal	Fruit	Tuna and Vegetable Pasta Banana and Custard	Sausage Rolls, Carrot and Cucumber Sticks	Variety of sandwiches and snacks
Friday	Toast	Fruit	Sausage and Mash served with Beans Ice Cream	Milk and Biscuits	Variety of sandwiches and snacks